

## 209 Return to Work Programs

*Instructional time – full day*



### Target Audience

- This course is specifically designed for supervisors and managers who want to develop a gradual return to work program or are assigned to become the program administrators.



### Learning Outcomes

- Participants will:
  1. Know how to use the OHS Regulation and the WC Act to access health and safety requirements;
  2. Learn components of various types of return to work programs;
  3. Develop a documentation process for the program;
  4. Understand how a return to work program is one part of a functioning health and safety program; and
  5. Understand the cost benefit of implementing a return to work program.



### Delivery Method

The Return to Work course is divided into three parts:

- Theory;
- Table top exercises; and
- Case study.



### Demonstration of Skills and Knowledge

- Present case study; and
- Develop an outline program for their employer.



### Topics

1. Use of WorkSafe OHS Regulation;
2. Rights of workers;
3. Documentation systems from injury, physician and WCB;
4. Duty to accommodate;
5. Safe work procedures;
6. Basic understanding of alternative jobs, modified tasks and light duties; and
7. Steps in setting up a return to work program.