

303 Canadian Red Cross Standard First Aid

Authorized Provider

Instructional time – 13 hours

Certification lasts 3 years



Target Audience

- This course is for anyone over 16 years old and workers required to have first aid training under the Canadian Labour Code.



Learning Outcomes

- Participants will:
 1. Perform the priority action approach and primary survey (check, call, care);
 2. Learn how to perform Cardiopulmonary Resuscitation (CPR) 1 Rescuer on an adult, child and infant (CPRC) and use an Automated External Defibrillator (AED);
 3. Treat minor injuries, severe bleeding, head and spine injuries, joint injuries, and medical emergencies.
 4. Perform a secondary survey.



Delivery Method

The Canadian Red Cross Standard First Aid course is divided into 2 parts:

- Theory; and
- Practical.



Demonstration of Skills and Knowledge

- 30 minute written exam 75%
- Demonstrate all first aid skills learned in the class.



Topics

1. Preparing to respond;
2. The EMS system;
3. Check, call, care;
4. Airway, breathing & circulation emergencies;
5. Head & spine injuries;
6. Bone, muscle & joint injuries;
7. Wound care; and
8. Medical conditions and environmental emergencies.