

## 307 Occupational First Aid Level 3

*Instructional time – 70 hours*



### Target Audience

- This course is for workers required to have Occupational First Aid Training under the WCB Requirement.



### Learning Outcomes

- Participants will:
  1. Perform the priority action approach;
  2. Learn how to deal with Airway, Breathing & Circulation Emergencies
  3. Treat severe bleeding;
  4. Perform a secondary survey;
  5. Splint a leg and arm;
  6. Transport an injured patient with use of a spine board;
  7. Treat minor injuries; and
  8. Follow prescribed WCB documentation guidelines.



### Delivery Method

The Occupational First Aid Level 3 course is divided into 2 parts:

- Theory; and
- Practical.



### Demonstration of Skills and Knowledge

- Participants will perform first aid procedures
- 2 hour Written Exam 70%
- 4 hour Practical Exam 70%



### Topics

1. The role and duties of an Occupational First Aid Attendant;
2. C-Spine control;
3. Scene assessment;
4. Primary survey;
5. Secondary survey (Vital signs, History-taking, Head-to-toe examination);
6. Medical and Environmental emergencies;
7. Skin and soft tissue anatomy and function;
8. Eye injuries;
9. Principles of burn management;
10. Poisons;
11. Patient packaging and immobilization for rapid transport;
12. Head and brain injuries, Neck and spinal injuries;
13. Abdominal and pelvic injuries; and
14. Immobilization, Manage fractures and dislocations